

Scrutiny Inquiry Panel - Combating Loneliness in Southampton

Thursday, 17th November, 2016
at 5.00 pm

PLEASE NOTE TIME OF MEETING

Conference Room 3 - Civic Centre

This meeting is open to the public

Members

Councillor Furnell (Chair)
Councillor Coombs (Vice-Chair)
Councillor Burke
Councillor Laurent
Councillor Murphy
Councillor Parnell
Councillor T Thomas

Contact

Scrutiny Manager
Mark Pirnie
Tel: 023 8083 3886
Email: mark.pirnie@southampton.gov.uk

PUBLIC INFORMATION

Role of Scrutiny Panel Inquiry – Combating Loneliness in Southampton

The Overview and Scrutiny Management Committee have instructed the Scrutiny Panel to undertake an inquiry into Combating Loneliness in Southampton.

Purpose: To review progress being made in Southampton to combat loneliness and to understand what is being done to reduce loneliness elsewhere, and what initiatives could work well in the City to help people make connections and improve their wellbeing.

Southampton City Council's Priorities

- Jobs for local people
- Prevention and early intervention
- Protecting vulnerable people
- Affordable housing
- Services for all
- City pride
- A sustainable Council

Use of Social Media:- The Council supports the video or audio recording of meetings open to the public, for either live or subsequent broadcast. However, if, in the Chair's opinion, a person filming or recording a meeting or taking photographs is interrupting proceedings or causing a disturbance, under the Council's Standing Orders the person can be ordered to stop their activity, or to leave the meeting. By entering the meeting room you are consenting to being recorded and to the use of those images and recordings for broadcasting and or/training purposes. The meeting may be recorded by the press or members of the public. Any person or organisation filming, recording or broadcasting any meeting of the Council is responsible for any claims or other liability resulting from them doing so. Details of the Council's Guidance on the recording of meetings is available on the Council's website.

Public Representations

At the discretion of the Chair, members of the public may address the meeting about any report on the agenda for the meeting in which they have a relevant interest.

Smoking policy – the Council operates a no-smoking policy in all civic buildings.

Mobile Telephones – please turn off your mobile telephone whilst in the meeting.

Fire Procedure – in the event of a fire or other emergency a continuous alarm will sound and you will be advised by Council officers what action to take.

Access – access is available for the disabled. Please contact the Democratic Support Officer who will help to make any necessary arrangements.

Dates of Meetings: Municipal Year

2016	2017
8 September	19 January
6 October	2 March
17 November	
8 December	

CONDUCT OF MEETING

TERMS OF REFERENCE

The general role and terms of reference of the Overview and Scrutiny Management Committee, together with those for all Scrutiny Panels, are set out in Part 2 (Article 6) of the Council's Constitution, and their particular roles are set out in Part 4 (Overview and Scrutiny Procedure Rules – paragraph 5) of the Constitution.

BUSINESS TO BE DISCUSSED

Only those items listed on the attached agenda may be considered at this meeting.

RULES OF PROCEDURE

The meeting is governed by the Council Procedure Rules and the Overview and Scrutiny Procedure Rules as set out in Part 4 of the Constitution.

QUORUM

The minimum number of appointed Members required to be in attendance to hold the meeting is 3.

DISCLOSURE OF INTERESTS

Members are required to disclose, in accordance with the Members' Code of Conduct, **both** the existence **and** nature of any "Disclosable Pecuniary Interest" or "Other Interest" they may have in relation to matters for consideration on this Agenda.

DISCLOSABLE PECUNIARY INTERESTS

A Member must regard himself or herself as having a Disclosable Pecuniary Interest in any matter that they or their spouse, partner, a person they are living with as husband or wife, or a person with whom they are living as if they were a civil partner in relation to:

- (i) Any employment, office, trade, profession or vocation carried on for profit or gain.
- (ii) Sponsorship:

Any payment or provision of any other financial benefit (other than from Southampton City Council) made or provided within the relevant period in respect of any expense incurred by you in carrying out duties as a member, or towards your election expenses. This includes any payment or financial benefit from a trade union within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992.

(iii) Any contract which is made between you / your spouse etc (or a body in which the you / your spouse etc has a beneficial interest) and Southampton City Council under which goods or services are to be provided or works are to be executed, and which has not been fully discharged.

(iv) Any beneficial interest in land which is within the area of Southampton.

(v) Any license (held alone or jointly with others) to occupy land in the area of Southampton for a month or longer.

(vi) Any tenancy where (to your knowledge) the landlord is Southampton City Council and the tenant is a body in which you / your spouse etc has a beneficial interests.

(vii) Any beneficial interest in securities of a body where that body (to your knowledge) has a place of business or land in the area of Southampton, and either:

- a) the total nominal value for the securities exceeds £25,000 or one hundredth of the total issued share capital of that body, or

- b) if the share capital of that body is of more than one class, the total nominal value of the shares of any one class in which you / your spouse etc has a beneficial interest that exceeds one hundredth of the total issued share capital of that class.

Other Interests

A Member must regard himself or herself as having an 'Other Interest' in any membership of, or occupation of a position of general control or management in:

Any body to which they have been appointed or nominated by Southampton City Council

Any public authority or body exercising functions of a public nature

Any body directed to charitable purposes

Any body whose principal purpose includes the influence of public opinion or policy

Principles of Decision Making

All decisions of the Council will be made in accordance with the following principles:-

- proportionality (i.e. the action must be proportionate to the desired outcome);
- due consultation and the taking of professional advice from officers;
- respect for human rights;
- a presumption in favour of openness, accountability and transparency;
- setting out what options have been considered;
- setting out reasons for the decision; and
- clarity of aims and desired outcomes.

In exercising discretion, the decision maker must:

- understand the law that regulates the decision making power and gives effect to it. The decision-maker must direct itself properly in law;
- take into account all relevant matters (those matters which the law requires the authority as a matter of legal obligation to take into account);
- leave out of account irrelevant considerations;
- act for a proper purpose, exercising its powers for the public good;
- not reach a decision which no authority acting reasonably could reach, (also known as the "rationality" or "taking leave of your senses" principle);
- comply with the rule that local government finance is to be conducted on an annual basis. Save to the extent authorised by Parliament, 'live now, pay later' and forward funding are unlawful; and
- act with procedural propriety in accordance with the rules of fairness.

AGENDA

Agendas and papers are now available via the City Council's website

1 APOLOGIES AND CHANGES IN PANEL MEMBERSHIP (IF ANY)

To note any changes in membership of the Panel made in accordance with Council Procedure Rule 4.3.

2 DECLARATIONS OF SCRUTINY INTEREST

Members are invited to declare any prior participation in any decision taken by a Committee, Sub-Committee, or Panel of the Council on the agenda and being scrutinised at this meeting.

3 DISCLOSURE OF PERSONAL AND PECUNIARY INTERESTS

In accordance with the Localism Act 2011, and the Council's Code of Conduct, Members to disclose any personal or pecuniary interests in any matter included on the agenda for this meeting.

4 DECLARATION OF PARTY POLITICAL WHIP

Members are invited to declare the application of any party political whip on any matter on the agenda and being scrutinised at this meeting.

5 STATEMENT FROM THE CHAIR

6 MEETING 3 - COMBATING LONELINESS FOR OLDER PEOPLE (Pages 1 - 12)

Report of the Service Director, Legal and Governance regarding combating loneliness for older people.

Wednesday 9 November 2016

Service Director, Legal and Governance

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Agenda Item 6

DECISION-MAKER:	SCRUTINY INQUIRY PANEL		
SUBJECT:	MEETING 3 – COMBATING LONELINESS FOR OLDER PEOPLE		
DATE OF DECISION:	17 NOVEMBER 2016		
REPORT OF:	SERVICE DIRECTOR – LEGAL AND GOVERNANCE		
<u>CONTACT DETAILS</u>			
AUTHOR:	Name:	Mark Pirnie	Tel: 023 8083 3886
	E-mail:	Mark.pirnie@southampton.gov.uk	
Director	Name:	Richard Ivory	Tel: 023 8083 2794
	E-mail:	Richard.ivory@southampton.gov.uk	

STATEMENT OF CONFIDENTIALITY	
None	
BRIEF SUMMARY	
Following the framework for loneliness interventions developed by the Campaign to End Loneliness, the third meeting of the Combating Loneliness in Southampton Inquiry will focus on identifying what works effectively to combat loneliness for older people.	
RECOMMENDATION:	
(i)	The Panel is recommended to consider the comments made by the invited experts and community representatives and use the information provided as evidence in the review.
REASON FOR REPORT RECOMMENDATIONS	
1.	To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process.
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED	
2.	None.
DETAIL (Including consultation carried out)	
3.	As identified at the inaugural meeting of the inquiry there are a number of factors that increase our vulnerability to loneliness. Loneliness can happen at any age but the risk factors are more likely to increase and converge, and our resilience to them reduces, as we age.
4.	Extrapolating the information generated by the City Survey estimates that in Southampton there are approximately 5,482 lonely people aged over 65, representing 15.9% of the population.
5.	The report from the Campaign to End Loneliness – ‘Promising approaches to reducing loneliness and isolation in later life’, identifies that loneliness is amenable to a number of effective interventions. At the third meeting of the inquiry the Panel will be informed of good practice that is being delivered or

	planned in Southampton to reduce loneliness for older people, as well as highlighting where improvements can be made to reduce the gaps in provision.
6.	<p>To help inform the discussion the following individuals / organisations have been invited to attend the meeting:</p> <ul style="list-style-type: none"> • Phil Williams, Health and Wellbeing Development Officer, Age UK Southampton - Age UK Southampton runs a range of services that are designed to combat loneliness and isolation for older people. They provide specific information and advice about alleviating loneliness and can direct people to other organisations that provide appropriate support. • Paul Hedges, Senior Project Officer, Saints Foundation - Senior Saints is a programme run by Saints Foundation that works with isolated older people over the age of 65. With sessions delivered within local community settings at venues across Southampton, Senior Saints has three key focuses: a core stability exercise programme that reduces the risk of falls in older people, reminiscence groups that use football and sport as a vehicle to tackle early signs of dementia and loss of memory amongst older people and an activity programme that offers a wide variety of social and physical activities. • Rev Erica Roberts, City Chaplain for Older People – Rev Roberts has been working across faith groups in the city raising awareness of the needs of older people, identifying assets of faith groups and co-ordinating a response. • Asian Elders – The presentation from Sarah Weld, Public Health Consultant at the last inquiry meeting identified people in ethnic minority groups as being at a greater risk of isolation and loneliness. Representatives from Asian Elders have been invited to the meeting to discuss actions being taken to combat loneliness. • Prof Anne Kennedy, Principal Research Fellow, Faculty of Health Sciences, University of Southampton & Prof Anne Rogers, Professor of Health Systems Implementation in the Faculty of Health Sciences, University of Southampton and Research Director of the NIHR CLAHRC Wessex - The CLAHRC Wessex have been using and developing an interactive tool called GENIE . This is designed to engage and link people to social activities and support they value and find useful. They have been working on the Isle of Wight with the My Life a Full Life team and other organisations to see how we can integrate GENIE as part of day-to-day support for people.
7.	In recognition of the work being undertaken within Housing Services, attached as Appendix 1 is information provided by Supporting Housing on the initiatives being delivered to combat loneliness. This information has been adapted from the presentation delivered to the Dementia Friendly Communities Scrutiny Inquiry. Adrian Littlemore will highlight the key issues at the meeting.
8.	The guests invited to present information at the meeting will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel.

RESOURCE IMPLICATIONS		
<u>Capital/Revenue</u>		
9.	N/A	
<u>Property/Other</u>		
10.	N/A.	
LEGAL IMPLICATIONS		
<u>Statutory power to undertake proposals in the report:</u>		
11.	The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.	
<u>Other Legal Implications:</u>		
12.	None	
POLICY FRAMEWORK IMPLICATIONS		
13.	None	
KEY DECISION?		No
WARDS/COMMUNITIES AFFECTED:		None directly as a result of this report
<u>SUPPORTING DOCUMENTATION</u>		
Appendices		
1.	Housing Services – Combating loneliness presentation	
Documents In Members’ Rooms		
1.	None	
Equality Impact Assessment		
Do the implications/subject of the report require an Equality Impact Assessment (EIA) to be carried out.		No
Other Background Documents		
Equality Impact Assessment and Other Background documents available for inspection at:		
Title of Background Paper(s)		Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	None	

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Housing Services Combating Loneliness

Scrutiny Inquiry 17.11.15

Agenda Item 6
Appendix 1

Adults, Housing and Communities

Jean Brown – Service Lead, Wellbeing and Prevention

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Housing Supporting Independent living & Well being

- 60plus Support -early intervention, preventative, re-ablement (tenure neutral)
- Age related “quieter” housing 50’s & 60’s– first point access to support
- 60plus Complexes – Support on site & Community hub
- Extra care Housing – 24/7 care onsite
- Vibrant Hubs – Socialising, Volunteering, Contributing, Learning, Active
- Resident Involvement – projects, groups, neighbourhoods
- Supporting Carers
- Partnership working e.g. Age Concern, Snr Saints, resident groups
- Integrated working – working towards this through clusters 75+ nurses

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Capital Investment

- **SCC New build – extra care housing**
- **Facilities including restaurant, health and wellbeing suite, communal lounges – open to residents and the wider elderly community**
- **Refurbishment communal areas internal & external**
- **Designed to reduce social isolation and to bring communities together**
- **Decent Neighbourhoods – Well being /Lifetime Neighbourhoods**
- **Accessible facilities – lifts, mobility scooters, entrances**

Housing with Care / Extra Care

- Independent secure tenancy – own front door, own home, self contained, but can be lonely
- 24/7 Care & Onsite Support
- Telecare individually assessed/tailored – “gives me peace of mind”
“someone to talk to”
- Design features – secure communal areas designed for social interaction e.g. quiet lounges, seating, welcoming atmosphere, community information
- Age criteria- new complex 55plus
- Community facilities reaching out local older population
- Restaurant open 7 days a week – encourage social interaction
- Activity Co-Ordinators promoting social inclusion

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Dementia Friendly Fun Fridays

Social Return On Investment – Well Being Evaluation

Outcomes measured

- Good overall health
- High confidence (adult)
- Relief from depression/anxiety (adult)
- Feel in control of life
- Member of social group
- Frequent mild exercise
- Regular volunteering

Preliminary findings

£1 invested in DFFF, there is a return of £44.69 in wellbeing / social value

Overall, a return of £212,019p/a cost benefit

Projects continued

- **Dementia Friends Champions - raising awareness and giving people confidence**
- **Tablets – house of memories**
- **Memory Cafés– Admiral Nurses supporting Carers**
- **Memory Advisors / Memory Matters**
- **Intergenerational projects eg gardening & IT – Jnr NW's**
- **Activities developing new Senior Saints activity – engage, inspire and improve health and wellbeing**
- **IT support (training and support sessions where people are supported to use social media such as Skype to be able to connect with family and friends)**

Challenges and Opportunities

- Erskine Court and other complexes such as Woodside Court
- Volunteering
- Local shop & businesses
- Transport
- Understanding and Integrating -Clusters
- Loneliness in early age – housing and support
- Commissioning – increased demand for services